Inclusion of Individuals with Disabilities into National Service

Recruiting Guide for Nebraska AmeriCorps*State Programs







Provided by the Nebraska Volunteer Service Commission and the Munroe-Meyer Institute AmeriCorps Program



Munroe-Meyer Institute

UNLOCKING
POTENTIAL

Table of Contents:

Why recruit Individuals with Disabilities?	Pg 3
Benefits to you Organization	
What is a Disability?	Pg 4
Examples of Disabilities	Pg 5
Where to Start?	Pg 6
Service Description Template	
Writing Advertisements	Pg 8
Nebraska Resources	Pg 9
 League of Human Dignity Vocational Rehabilitation Workforce Development Quality Living Inc. Nebraska Commission for the Blind and Visually Impaired State wide Offices Nebraska Commission for the Deaf and Hard of Hearing Helpful Interviewing Tips Before an Interview At the Interview 	Pg 9 Pg 10 Pg 12 Pg 12 Pg 12 Pg 13
Disability Etiquette	Pg 15
Talking to a Person with a Disability	
Written Communications	Pg 17
Terminology	
Talking about Disability Benefits and AmeriCorps	Pg 19

Why Recruit Individuals with Disabilities?

Congratulations! By reading this packet you are taking the first step in a very important movement in National Service: the Inclusion of Individuals with Disabilities. People with disabilities are joining the world of service in increasing numbers. Just like their ablebodied counterparts, they see a need in their communities and want to contribute to creating a better world. All programs receiving funds from the CNCS and other federal agencies must comply with federal laws that guarantee equal access and prohibit discrimination. In addition to ensuring compliance with federal law, your organization can benefit tremendously from the employment of individuals with disabilities!

Benefits to your Organization

There are many benefits to organizations choosing to employ persons with disabilities, including:

- <u>Increased Productivity:</u> A number of international studies have demonstrated that employees with disabilities have attendance, punctuality and productivity levels, equal to, if not better than able-bodied employees.
- <u>Accumulated skill sets:</u> By retaining staff that are disabled you hold on to accumulated skills experience and commitment.
- Enhanced Staff Morale: Staff morale and commitment to the company has been found to increase among all employees when a company makes a visible commitment to employing a person with a disability.
- <u>Increased Customer Loyalty:</u> As with staff morale, benefits have been noticed at a customer level. Customers respond favorably towards organizations, which are positive towards disability and reflect the diversity of the community. This also promotes a more positive image of the business from a public relations perspective.
- Workplace Diversity: All employees of your organization can benefit from working with individuals of different backgrounds and ability levels.
- <u>Community Recognition:</u> Employing workers with developmental disabilities
 often also brings community support. Mark Regan of Boston Market Corporation
 says that the dining room attendants with disabilities who are employed to help
 clear tables and offer drink refills have prompted many customers to vow their
 support of Boston Market.

Source: Graphite Human Resource Management- Ready, Willing and Able- An Employers guide to hiring people with disabilities. June '02

What is a disability?

There are many definitions of a disability. Some definitions focus on medical conditions, while others focus on the functional limitations that result form disability. Different federal and state laws and programs use different definitions. There are many people who have medical conditions that are disabling, but that does not necessarily mean that they meet the definition of "disability" that is laid out in Section 504 of the Rehabilitation Act of 1973, as amended, and in the Americans with Disabilities Act. To be protected by these federal laws, an individual must meet the definition described in the law.

Under Section 504 of the Rehabilitation Act and the Americans with Disabilities Act, a person with a disability is one who:

- 1. Has a physical or mental impairment that substantially limits one or more major life activities; or
- 2. Has a history of such an impairment; or
- 3. Is perceived or "regarded as "having such impairment, even when the impairment does not exist.

There are some important components to this three-part definition.

The phrase major life activities means functions such as caring for oneself, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working.

Substantially limits means unable to perform a **major life activity**, or significantly restricted in the condition, manner, or duration it can be performed, when compared to most people in the general population. The determination that a disability **substantially limits** an individual in performing major life activities is made on a case-by-case basis. It is not based merely on the existence of a condition (a physical or mental impairment), but on the impact of that impairment on an individual's ability to perform major life activities.

The definition of disability considers the impact of the impairment. There is no comprehensive list of protected disabilities because there are so many conditions that can result in disability. Also, impairment for one person may substantially limit a major life activity, while someone else may not be substantially limited. Determinations must be made on a case-by-case basis

Source: Inclusion: Creating an Inclusive Environment: A Handbook for the Inclusion of People with Disabilities into National and Community Service Programs; www.serviceandinclusion.org.

Examples of Disabilities

Disability is as unique a human characteristic as hair color or personality type. The degree to which a disability impacts a person's life ranges from slight to significant. In some instances a person's disability is invisible; in other instances, a person may have more than one disability. As a result, creating a list on the types of disabilities is difficult. Nonetheless, we want to give you some idea of the wide range of disabilities.

- AIDS: stands for "Acquired Immune Deficiency Syndrome". AIDS is caused by the Human Immunodeficiency Virus (HIV). AIDS is the final and most serious stage of HIV disease, in which signs and symptoms of severe immune deficiency develop.
- Blind/Visual Impairment: Blind refers to a total loss of vision. Visual impairment indicates partial sight.
- Chemical Sensitivity: A reaction to environmental chemicals like cleaning supplies, smoke and/or perfumes.
- Congenital Disability: A physical impairment existing since birth.
- Deaf/Hard of Hearing: Deaf refers to a total loss of hearing. Hard of hearing refers to partial hearing loss ranging from slight to severe.
- Developmental Disability: Any mental or physical disability that develops or occurs before a person's 22nd birthday that continues indefinitely and in some instances substantially limits self-care, language, learning, mobility, self-direction, independent living or economic sufficiency.
- Epilepsy: Term for various disorders marked by electrical disturbances of the central nervous system and typically manifested by seizures, which are involuntary muscular contractions.
- Learning Disability: A disability affecting spoken or written language.
- Mental Illness/Mental Disability: A psychiatric disability caused by a biological, physiological or psychological disorder or a chemical disorder of the brain.
- Mental Retardation/Cognitive Disability: Condition causing significantly belowaverage intellectual functioning.
- Motor Disability: Includes multiple sclerosis, muscular dystrophy, Lou Gerhig's disease (amyotrophic lateral sclerosis, ALS), cerebral palsy. A group of conditions resulting from damage to the central nervous system.
- Paralysis/Spinal Cord Injury: Hemiplegia affects full or partial paralysis of one side of body caused b brain damage as a result of a disease, trauma or stroke.
 Paraplegia is a paralysis of lower half of body. It involves partial or total loss of function of both legs. Quadriplegia is paralysis of the body that involves partial or total loss of function in a person's arms and legs.
- Speech Impairment: Limited or difficult-to-understand speech patterns.

For more information on types of disabilities, visit http://www.disabilitiesonline.com/ or contact one of the many support groups or national disability organizations that represent a specific disability group.

Source: Statewide Independent Living Council of Illinois; http://www.silcofillinois.org

Where to Start?

The *first step* in a good recruiting campaign begins with a well-written position description! This allows candidates to review the position and determine whether or not it is a good fit for their abilities and interests.

Writing Inclusive Service Descriptions

Service Description Template

Service Position Title Indicate title and whether a full-

or part-time position.

Immediate Supervisor/Title List name and/ or title.

Service Position Summary Briefly describe the

responsibilities of the position in a

narrative format.

Essential Functions of Position List all basic duties that must be

performed with or without reasonable accommodations. Identify only the tasks essential to the position. Focus on function, not "how to's." For example, if the essential function is to get from A to B to conduct training, do not say driving or a driver's license is

required.

Marginal Functions of Position List additional duties that are

preferred, are re-assignable to others, or can be eliminated or otherwise do not change the

nature of the position.

Principal Working Relationships Identify internal and external

working relationships required for successful accomplishment of

responsibilities.

Knowledge, Skills, and Abilities Identify the specific areas of

knowledge and abilities required to be qualified for the position, as

well as any required skills.

Academic and Experience List minimum qualifications and

Qualifications experience required to be

eligible for the position. Do not

include "nice to have's."

Service Conditions

Identify the conditions under which the position must be accomplished. For example, service is to be performed in a classroom, or service is

performed primarily outdoors, or service involves travel outside the

state.

Physical, Emotional, and Intellectual Demands

Identify the degree to which these Demands are applied to the requirements of the position. An example of an emotional demand might be: Patience is required because of work with children with cognitive disabilities. An example of an intellectual demand might be: Duties include

extensive research and analysis

of data.

Equipment Used List the types of tools and

equipment used in this position.

Other than completion of marginal functions, the above functions may Be completed with or without accommodations. This description lists the Minimum duty requirements.

Source: Inclusion: Creating an Inclusive Environment: A Handbook for the Inclusion of People with Disabilities into National and Community Service Programs; www.serviceandinclusion.org.

Writing Advertisements

Recruiting individuals with disabilities means writing advertisements which encourage them to apply. Your advertisements should contain the following phrase:

"Individuals with disabilities strongly encouraged to apply."

The following is an example of an advertisement written to target individuals with disabilities:



JOJN AMERJEORPS!



The Munroe-Meyer AmeriCorps program, a program serving and supporting children with disabilities, is accepting applications for a

Bi-lingual Interpreter

Job Responsibilities:

- Provide translation in Pediatric Dentistry Clinic for Spanishspeaking patient
- Provide brochure/document translation services for Munroe-Meyer's Media Department
- Participate in monthly training
- Assist with the planning and implementation of volunteer events

Requirements:

- Previous experience translating in a clinical setting
- Certification preferred
- Excellent customer service skills

To apply contact: Mandy Volkmer, Project Coordinator avolkmer@unmc.edu

402.559.5762

Individuals with Disabilities Strongly Encouraged to Apply. MMI AmeriCorps is an Equal Opportunity Employer.

This material is based upon work supported by the National and Community Service under AmeriCorps Grant No. 03AFHNE001.

Nebraska Recruiting Resources

To advertise your positions, consider contacting the following Nebraska agencies. Many will help you advertise positions, arrange interviews, and help prepare applicants for the interview process!

League of Human Dignity

Lincoln 1701 P St. Lincoln, NE. 68508 (402) 441-7871 V/TDD Norfolk 400 Elm Ave Norfolk, NE. 68701 (402) 371-4475 V/TDD

Omaha 5513 Center St. Omaha, NE. 68106 (402) 595-1256 V/TDD Southwest Iowa 14171/2 W. Broadway Council Bluffs, IA 51501 (712) 323-6863 V/TDD

Vocational Rehab

Columbus 402-562-8065 877-505-0866 Toll Free vr columbus@vocrehab.state.ne.us Kearney 2916 West 24th Street. Kearney, NE. 68845 308-865-5343 800-262-3382 Toll Free vr kearney@vocrehab.state.ne.us

Grand Island 3335 West Capital Ave. Grand Island, NE. 68803 308-385-6200 800-862-3382 Toll Free vr_grandisland@vocrehab.state.ne.us Lincoln 5143 So. 48th Street Lincoln, NE. 68516-2299 402-471-3231 402-471-6341 TDD 800-472-3382 vr_lincoln@vocrehab.state.ne.us

Norfolk 1212 Benjamin Ave Norfolk, NE. 68701 402-370-3200 800-442-3382 vr norfolk@vocrehab.state.ne.us North Platte 200 So. Silber, Building #2 North Platte, NE. 69101 308-535-8100 800-272-3382 vr_northplatte@vocrehab.state.ne.us Scotts Bluff 1517 Broadway, Suite 131 Scotts Bluff, NE. 69361-4939 308-632-1321 800-292-3382

vr_scottsbluff@vocrehab.state.ne.us

Omaha 1313 Farnam on the mall Omaha, NE. 68102 402-595-2100 402-595-2107 V/TT 800-554-3382 vr omaha@vocrehab.state.ne.us South Sioux City 901 West 21st Street. Suite 1 South Sioux City, NE. 68776 402-494-2265 877-659-7899 vr southsioux@vocrehab.state.ne.us

Workforce Development

Chadron Career Center 250 Main St. Chadron NE. 69337-2356 308-432-6121 308-432-6129 fax

Alliance Career Center 302 Box Butte Ave. Alliance, NE. 69301-3342 308-763-2935 308-763-2936 fax

North Platte Career Center 306 East 6th Suite 140 North Platte, NE. 69101 308-535-8320 308-535-8085 fax

Holdrege Career Center 502 East Avenue. 2nd Floor Holdrege, NE. 68949-0073 308-995-5627 308-995-5321 fax Scotts Bluff Career Center 1717 Ave. C Scotts Bluff, NE. 69361 308-632-1420 308-632-1414 fax

Sidney Career Center 927 23rd Ave Sidney, NE. 69162-6937 308-254-6937 308-254-6916 fax

Lexington Career Center 1308 North Adams Lexington, NE. 68850 308-324-2064 308-324-6320 fax

McCook Career Center 220 West 1st St McCook, NE. 69001-3601 308-345-8470 308-345-8471 fax Kearney Career Center 124 West 46th St. Suite 106 Kearney, NE. 68847-8348 308-865-5404 308-865-5407 fax

Grand Island Career Center 1306 West 3rd Street Grand Island, NE. 68801 308-385-6300 308-385-6029 fax

Lincoln 1010 "N" St. Lincoln, NE. 68508 402-471-2275 402-471-9776 fax

Nebraska City 905 Third Corso Nebraska City, NE. 68410-0700 402-873-3384 402-873-3552 fax

Norfolk Career Center 105 East Norfolk Ave. Suite 100 Norfolk, NE. 68701 402-370-3430 402-370-4431 fax

Fremont Career Center 406 East 6th Street. Fremont, NE. 68025-5136 402-727-3250 402-727-3264 fax

Omaha Career Center 2421-23 North 24th St. Omaha, NE. 68110-2282 402-444-4700 402-444-3755 fax Hastings Career Center 2727 West 2nd Street Hastings, NE. 68901-4663 402-462-1867 402-462-1896 fax

York Career Center 510 Lincoln Ave. York, NE. 68467-2997 402-362-5891 402-362-5901 fax

Beatrice 5109 West Scott Rd. Suite 413 Beatrice, NE. 68310 402-223-6060 402-223-6088 fax

Falls City 1705 Stone Street Falls City, NE. 68355-2653 402-245-4401 402-245-4402 fax

West Point Career Center 539 Decatur West Point, NE. 68788 402-372-5749 402-372-9776 fax

Omaha Career Center 5404 Cedar St. Omaha, NE. 68106-2365 402-595-3000 402-595-3051 fax

Quality Living Inc.

Quality Living 6404 North 70th Plz. Omaha, NE. 68104 402-573-3700 402-573-3790 fax

Nebraska Commission for the Blind and Visually Impaired Statewide offices

Kearney 906 East 25th Street. Kearney, NE. 68847-4603 308-865-5441 308-865-5440 fax

Omaha 1313 Farnam Omaha, NE 68102-1836 402-595-2041 402-595-1008 fax

North Platte 200 So. Silver North Platte, NE. 69101-4298 308-535-8170 308-535-8054 fax Lincoln 4600 Valley Rd. Suite 100 Lincoln, NE. 68501-4844 402-471-2891 402-471-3009 fax 877-809-2419 Toll Free

Norfolk 214 North 7th St. suite 11 Norfolk, NE. 68701-4083 402-370-3436 402-370-3508 fax

Scotts Bluff 4500 Ave. I Box 1500 Scotts Bluff, NE. 69363-1500 308-632-1304 308-632-1313 fax

Nebraska Commission for the Deaf and Hard of Hearing

Lincoln 4600Valley Rd. Suite 420 Lincoln, NE. 68510-4844 402-471-3593 V/TTY 402-471-3067 fax 800-545-6244 V/TTY Istaff@ncdhh.state.ne.us

North Platte 200 South Silber room 207 North Platte, NE. 69101-4298 308-535-6600 V/TTY 308-535-8175 fax 888-713-3118 V/TTY npstaff@ncdhh.state.ne.us Omaha 1313 Farnam on-the-mall Omaha, NE. 68102-1836 402-595-3991 V/TTY 402-595-2509 fax 877-248-7836 V/TTY ostaff@ncdhh.state.ne.us

Helpful Interviewing Tips

Before An Interview:

Understand that you are not hiring a disability. You are interviewing a person with skills and abilities. Let the applicant present him/ herself in the best possible light. For example:

- The employer should make sure that the interview location, including the rest room, is accessible.
- Offer assistance to an applicant who is blind or has limited use of his/her hands if you require him/her to fill out forms.
- Provide an interpreter for an applicant who is deaf.
- Offer detailed or specific instructions to an applicant with cognitive disabilities.
- Do not let a rehabilitation counselor, social worker or other third party take an active part in, or sit in on, an interview unless the applicant requests it.
- Make sure you have in-depth knowledge about the essential job functions for positions
- Concentrate on the applicant's technical and professional knowledge skills, abilities, experiences and interests-not on his/her disability.

At the Interview:

- Do treat the applicant as you would any other adult-don't be patronizing.
- Do offer to shake hands.
- Do ask job related questions such as "How would you perform this particular task?"
- Do get on the same eye level with the applicant
- Do ask an applicant what prior job duties he or she has performed
- Do be patient, and repeat directions as necessary.
- Don't ask questions concerning information not on the individual's application form

- Don't ask about visible physical characteristics or their health status.
- Don't ask if the applicant has a psychiatric disability, a history of having a
 psychiatric disability, or if he or she has consulted with a psychiatrist
- Don't ask questions about past drug addiction
- Don't ask "What happened to you?" or "How will you get to work?"
- Don't ask questions in terms of disability, such as "Do you have a mental condition that would preclude you from qualifying for this position?"
- Don't ask "How often will you require leave for treatment of your condition?" However, you may state the organizations attendance requirements and ask if the applicant can meet them.
- Don't ask the applicant "Will you need accommodations?" or "What kind of accommodations will you need?" It is the applicants responsibility to request accommodations
- Don't offer assistance without first asking
- You may ask an individual with a readily apparent disability (such as an individual who is deaf or hard of hearing), how he/she will perform a specific task.

You may conduct an employee physical, if:

- The medical exam comes after you offered employment to the applicant
- All potential employees in the job category also get physicals.
- You keep the medical information separate from the personnel file.

Remember any question you ask must directly relate to someone's ability to do the job!

Source: Statewide Independent Living Council of Illinois; http://www.silcofillinois.org

Disability Etiquette

Using Words with Dignity

There are a few general rules of etiquette people should use when talking to or about someone with a disability.

Use "people first" language. Examples: Person with a disability, not a disabled person. Use person who is blind, not a blind person.

Disability is the current acceptable term, not handicap. The word handicap comes from cap-in-hand. In other words, a beggar. That is definitely not how people with disabilities want to be seen.

Talking to a Person with a Disability

Here are some tips to follow:

Communicating with People with Disabilities

- Speak directly rather than through a companion or sign language interpreter who may be present
- When introduced to a person with a disability offer to shake hands. People
 with limited hand use or who wear an artificial limb can usually shake
 hands. Shaking hands with the left hand is an acceptable greeting
- Always identify yourself and others who may be with you when meeting someone with a visual disability. When conversing in a group, remember to identify the person to whom you are speaking
- If you offer assistance, wait until the offer is accepted. Then listen or ask for instructions.
- Treat adults as adults. Address people with disabilities by their first names only when extended that same familiarity to all others. Never patronize people in wheelchairs by patting them on the head or shoulder
- Do not lean against or hang on someone's wheelchair. Bear in mind that people with disabilities treat their chairs as extensions of their bodies.
- Listen attentively when talking with people who have difficulty speaking and wait for them to finish. If necessary, ask short questions that require short answers, or a nod of the head. Never pretend to understand: instead repeat what you have understood and allow the person to respond.
- Place yourself at eye level when speaking with someone in a wheelchair or on crutches

- Tap a person who has a hearing disability on the shoulder or wave your hand to get his or her attention. Look directly at the person and speak clearly, slowly, and expressively to establish if the person can read your lips. If so, try to face the light source and keep hands, cigarettes and food away from your mouth when speaking.
- If a person is wearing a hearing aid, don't assume that they have the ability to discriminate your speaking voice.
- Never shout at a person. Just speak in a normal tone of voice.
- Relax. Don't be embarrassed if you happen to use common expressions such as "See you later" or "Did you hear about this?" that seem to relate to a person's disability
- Remember that people with disabilities are just as interested in the baseball scores and other topics as people without disabilities.
- Use a normal speaking tone and style. If someone needs you to speak in a louder voice they will ask you to do so.
- Remember that people with disabilities, like all people, are experts about themselves. They know what they like, what they do not like and what they can and cannot do.
- Choose words that carry non-judgmental connotations and that are accurate descriptions.

Source: Statewide Independent Living Council of Illinois; http://www.silcofillinois.org

Written Communications

When writing about someone with a disability, portray them as you would anyone else-with all the same human strengths and weaknesses as their non-disabled peers. Never refer to people with disabilities as "disabled" simply to accommodate design layouts. Creating inclusive work environments begins with the correct terminology!

Terminology

Do Not Use:

- Handicap
- The handicapped
- Victim
- Invalid
- Crippled with or spastic
- Paralytic
- Stricken with
- Birth defect-inflicted or afflicted by, deformed
- Poor or unfortunate
- Deaf and dumb/deaf mute
- Normal (acceptable only for quoting statistics)
- Confined to a wheelchair/wheelchair bound

Use:

- Physically disabled
- Person with a disability
- Person who has...(name disability)
- Person with...(name the disability)
- Person who had (name the illness)
- Person with...(name the disability)
- Person who had polio

Terminology (cont...)

- Person with...(name the disability)
- Person with a physical disability
- Person who is paralyzed
- Caused by ...(name cause)
- Disabled since birth
- Born with... (name the disability
- Deaf person
- Person who uses (name the device)
- Person who walks with (name the device)
- Non-disabled (referring to non-disabled persons as normal insinuates that disabled persons are abnormal

Talking about Disability Benefits and AmeriCorps

Some candidates you speak with may receive disability benefits from Social Security Insurance, the Social Security Administration, and Nebraska Medicaid. It is important that they know their benefits <u>could</u> be affected by the allowable monthly living stipend.

When interviewing, discuss the salary range and benefits with the candidate. They may take that information to their caseworkers to determine if and how benefits may be affected.

If the candidate is selected, the AmeriCorps Corporation has designated Easter Seals of Nebraska to assist AmeriCorps members in benefits planning. Your new AmeriCorps member may choose to contact this organization to discuss potential benefits implications.

Easter Seals Society of Nebraska Michelle Earnst 2727 W. 2nd Street Suite 471 Hastings, NE 68901 402-462-3013 ext 2

Further information is available to Program Directors on the National Service Inclusion Project website: www.serviceandinclusion.org under Frequently Asked Questions/National Service Benefits and Federal Aid.